



MANICURES, PEDICURES and NAIL TREATMENTS

Bacterial, fungal and viral infections can occur from using unsanitary nail implements. Nail fungus and bacterial infections appear as discolorations in the nail that spread toward the cuticle and cause pain, redness, itching and pus around the nail area.

General Requirements:

- Work area must be clean, tidy and well lit.
- Hand wash sink(s) must be:
 - located near the work area(s)
 - supplied with hot and cold running water, liquid soap in a dispenser and single-use paper towels at all times
- Premise must be equipped with a sink(s) for cleaning of equipment/instruments.
- Work contact surfaces must be cleaned and disinfected with a low level disinfectant after each client.
- Double –dipping is not permitted.
- PSS worker must be equipped with at least 2 sets of instruments at each workstation.
- Have all required supplies for service available and in easy reach.
- Remove any items not required from the work area.
- Cover all work surfaces with a clean, single-use covering (e.g. towel) during each client service.
- Store multi-use tools in a clean, covered container when not in use.
- Single use blades must be placed in an approved sharps container.

Infection and Prevention Control Requirements:

- Hands must be washed for at least 15 seconds with soap and warm running water:
 - before and after each client/treatment,
 - before and after wearing gloves, and
 - in between breaks in service.
- Alcohol based hand sanitizers may be used if hands are not visibly soiled.
- Client must wash his/her hands and thoroughly dry them prior to his/her nail treatment.
- Examine the client's nails for infection prior to offering the service. Do not provide nail services for a client who has signs of a nail infection.
- Avoid piercing the client's skin, especially when cutting cuticles or filing the nails.
- Instruments must be cleaned with soap and warm water, rinsed and then disinfected with a intermediate to high-level disinfectant.
- Instruments that accidentally break the skin during a procedure must be cleaned and disinfected with a high level disinfectant. Sterilization is preferred.
- Glass bead sterilizers and ultra violet light devices are not sterilizers.
- Single-use instruments (e.g. emery boards, orange sticks, buffers) must be disposed of after each client.
- Keep client records and accidental blood and body fluid exposure records on site for one year.
- Hepatitis B vaccination is strongly recommended.

CONTACT YOUR LOCAL PUBLIC HEALTH DEPARTMENT FOR MORE INFORMATION.